

MATTHEW HAGGIS

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A multi-skilled professional with a keen interest in contributing to the growth and development of others. My commitment to psychotherapy stems from a passion to work at a depth, exploring the core issues, motivations and ways of being that impact on how we feel about ourselves and our lives. My journey has included counselling a generic range of clients, supervising qualified and student counsellors, managing programmes, projects and people, and volunteering in a range of organisations.

EMPLOYMENT

Therapist/Supervisor	Matthew Haggis	Aug 2014 – Present
Integrative existential psychotherapy and supervision for personal growth and mindful change.		
Associate Director	PF Counselling Service	Jan 2000 – Present
Complementing the Director in running all aspects of a successful voluntary counselling agency.		
Owner/Manager	Craobh Haven Cottages	May 1987 – Present
Four Star self-catering holiday accommodation in Argyll, Scotland.		

VOLUNTARY WORK

Board Trustee	Cruse Bereavement Care Scotland	Jul 2018 – Present
Chair of the Practice, Governance & Training Board Sub-committee.		
Board Trustee	PF Counselling Service	Jun 2013 – Present
Counsellor	PF Counselling Service	Oct 2013 – Present
Board Trustee	OneCity Trust	May 2006 – Jul 2015
Edinburgh's social inclusion grant-making trust. Chair from to July 2015		

PREVIOUS EMPLOYMENT

Facilitator	Creative Exchange	Jan 2000 - 2020
Partner in a small consultancy facilitating teams and organisations seeking to achieve change through a better understanding of them-selves, others, and the work context. Using fresh approaches to engage people and motivate them to develop as individuals and teams. Worked across the private, public and non-profit sectors, specialising in diverse and cross-organisational groups.		

COUNSELLING EXPERIENCE

Private Supervision Practice , Edinburgh	July 2019 - Present
Private Counselling/Psychotherapy Practice , Edinburgh	August 2014 – Present
PF Counselling Service , Edinburgh (Generic Adult Counselling)	October 2013 – Present
Wellspring , Edinburgh (Generic Adult Counselling)	February 2012 – October 2013

Continuing Professional Development

Conducting Initial Assessments Online , OCST/PF, Online	8 hours	Jun, 2020
Spirituality and Relational Presence , Kirsteen Greenholm, PF, Edinburgh	One Day	Mar, 2020
Gender Diversity , Rachel Blake, PF, Edinburgh	One Day	Feb, 2020
Rape & Consent , Judith Fewell, PF, Edinburgh	One Day	Dec, 2019
Working with Suicide and Self-harm , Kirsteen Greenholm, PF, Edinburgh	One Day	Nov, 2019
Consciousness from the Beginnings of Life , Chris Evans, PF, Edinburgh	One Day	Oct, 2019
Exploring Working with Trauma , Jean Budge, Health in Mind, Edinburgh	One Day	Jul, 2019
Shame and Connection , Kirsteen Greenholm, PF, Edinburgh	One Day	Jun, 2019
Bereavement and Loss , Cruse Bereavement Care Scotland	Two Days	Jan, 2019
Working with Erotic Transference , Sally Openshaw, BACP	One Day	Jun, 2018
Counselling Couples and Families , Charles O'Leary, Greenwood Events	Two Days	Apr, 2018
Encountering the Dream , Christina McDonald, PF Counselling Service	One Day	Apr, 2018
Assessment Skills , Angie Fee, PF Counselling Service, Edinburgh	One Day	Mar, 2018
Play & Creativity , Kirsteen Greenholm, PF Counselling Service, Edinburgh	One Day	Nov, 2017
The Supervision Relationship , Robin Shoheit, Edinburgh	Two Days	Feb, 2017
Understanding Autism , No. 6 One-stop-shop, Edinburgh	One Day	May, 2016
Erotic Transference , Ray Little, PF Counselling Service, Edinburgh	One Day	Feb, 2016
Focusing & Psychotherapy , Susan Jordan, ACPP, Edinburgh	Two Days	Nov, 2015
Embodied Mindfulness , PF Counselling Service, Edinburgh	Half Day	Oct, 2014
Counselling Skills for Children & Young People , Crossreach, Edinburgh	Half Day	April 2014
PTSD from an Attachment Perspective , Confer, Edinburgh	One Day	Jan, 2014
Introduction to EFT , Greenwood Events, Edinburgh	Half Day	Nov, 2013
Essentials of Psychosynthesis , PF Counselling Service, Edinburgh	Four Days	Nov, 2013
Adult Survivors of Sexual Abuse , PF Counselling Service, Edinburgh	One Day	Jun, 2013
The Mindful Practitioner , Franklyn Sills. Confer, Edinburgh	One Day	Mar, 2012
Stories I Tell My Child , Judith Fewell. PF Counselling Service, Edinburgh	One Day	Jan, 2012